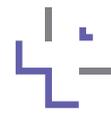
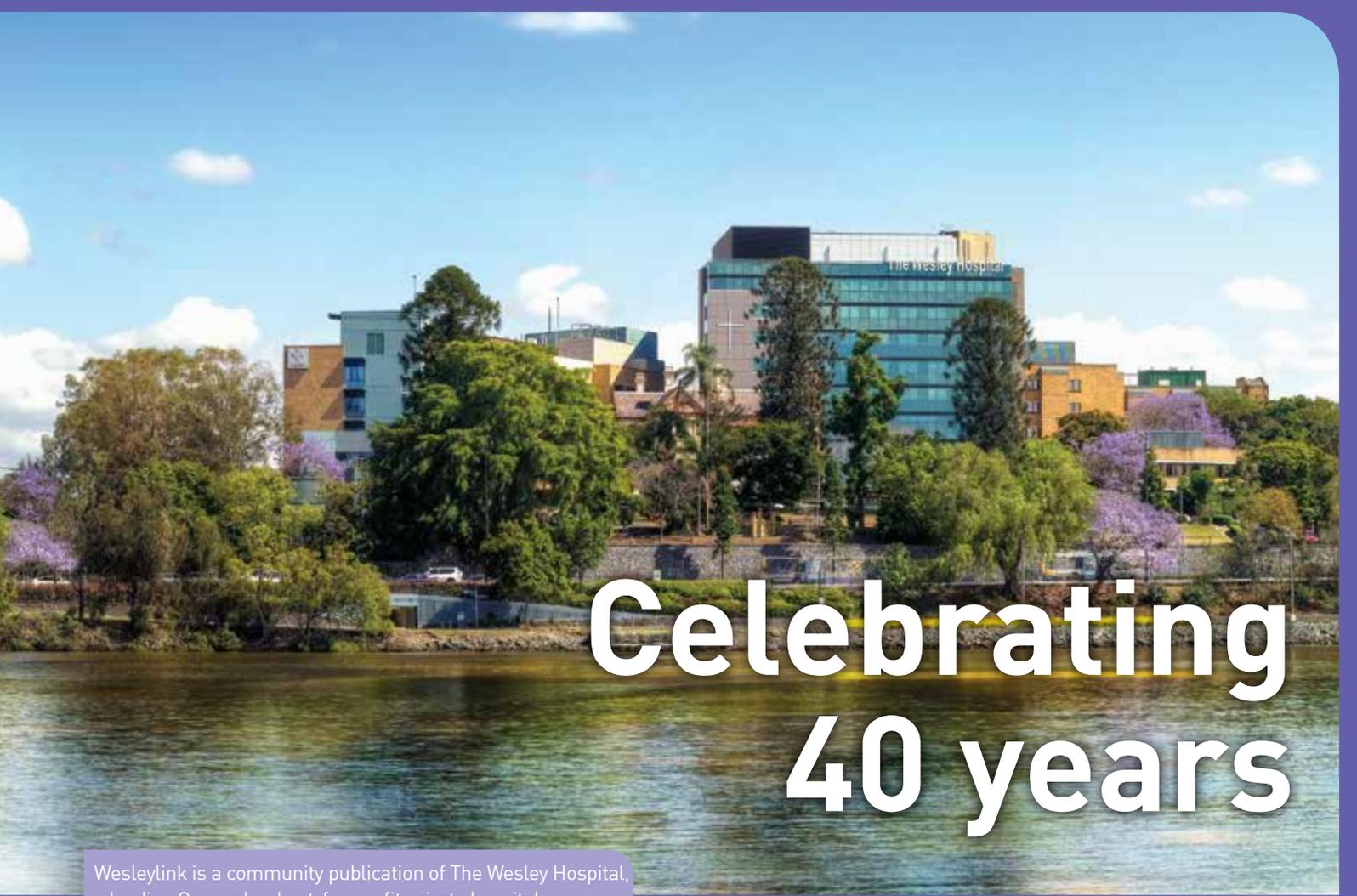


Wesleylink

 **The Wesley**
HOSPITAL
Caring for you for life

AUTUMN 2017



**Celebrating
40 years**

Wesleylink is a community publication of The Wesley Hospital,
a leading Queensland not-for-profit private hospital

Message from Ann Maguire, General Manager



Welcome to the first edition of Wesleylink for 2017. In this edition, we take a look back over the past four decades, as The Wesley Hospital celebrates its 40th anniversary.

There are many factors that go into running a successful hospital. From the food services and nutrition teams who make sure patients are adequately fed; to the engineering department who keep the hospital safely maintained; the volunteers and pastoral care team who provide support for patients

and their families; to the medical staff who spend their lives saving others – all of the staff must come together to make the hospital run smoothly.

The Wesley Hospital is no different. For 40 years, the Wesley team has worked seamlessly to constantly provide excellent patient care in an ever-changing health industry environment. Throughout those years, the hospital has upgraded and expanded. The hospital continues to keep on top of new and innovative technologies so our patients have the most cutting-edge treatment available.

The Wesley's history builds upon the solid traditions of distinguished nursing and medical care established over 120 years ago at the now demolished St Helen's Hospital. St Helen's was owned by the Methodist Church which later became the Uniting Church and was the first private hospital in Queensland. St Helen's was situated on the site which is now occupied by the new Queensland State library. The hospital closed its doors on 1 March 1977 after a convoy of ambulances carried its patients to the new The Wesley Hospital located across the river at Auchenflower.

The hospital's building plan over the past forty years has more than tripled the hospital's physical size and added 233 beds. This reflects the significant change in health care delivery over that time.

I am proud of the way this hospital has continued to provide excellent medical care to all our patients. As a values-based organisation, our visiting medical practitioners, staff, and volunteers represent our values when they care for and support the most vulnerable people in our community.

In this edition of Wesleylink, we will give you an example of the services we provide, such as pasteurised human donor milk, and we tell the stories of our generous donors.

I would like to thank you for your generous support of our hospital, and hope that through this magazine you can see the amazing services we provide for our patients.

Ann Maguire
General Manager
The Wesley Hospital

How have we grown?

1977

The Wesley Hospital officially opened on 1 March, 1977 when patients from St Helen's Hospital were transported across the river to their new accommodation. The hospital opened with 302 general and surgical beds and six operating theatres.

1991

The maternity unit officially opens. The Wesley Maternity Unit now comprises of five birth suites and welcomes more than 1,300 babies every year. We also have a Special Care Nursery which can accommodate 12 premature or seriously ill newborns.

1995

The opening of Wesley Emergency Centre. The centre is open 24-hours-a-day every day of the year, and has consistently been ranked highly in the Press Ganey patient satisfaction survey.

2009

The Wesley Hospital's new East Wing development was officially opened. The \$102 million project added a nine-level building and the capacity for an extra 233 beds. The 12,000 square-metre facility not only enhanced patient accommodation but dramatically improved the working environment for our visiting medical practitioner community and staff.

2015

The Wesley's \$20 million theatre expansion and upgrade project opens. The expansion means the hospital now has 19 theatres, one hybrid theatre, three catheter labs, and four endoscopy rooms. The new operating theatres were named the Dr Russell Stitz Theatre Complex in recognition of one of the Wesley's most dedicated former surgeons.

2015

The expansion of The Wesley Hospital Choices Cancer Support Centre (Choices). Choices, which was previously known as the Kim Walters Choices Program, now offers its services to men and women with all kinds of cancer.

2017

The Wesley Hospital turns 40!



Turning the first sod



Building the hospital



The East Wing development



Dr Russell Stitz Theatre Complex

New program for vulnerable babies

Premature babies at The Wesley Hospital can now be offered the best start to life, with a new pasteurised donor human milk (PDHM) program.

The program means babies born prematurely who meet certain criteria can access the milk, thanks to a partnership with the Royal Brisbane and Women's Hospital Milk Bank. The Wesley Hospital is currently the only private hospital in Brisbane to offer this resource.

Program coordinator Sarah Moulton said offering PDHM to premature babies meant they would have access to optimal nutrition and the best start to life.

The Wesley's Special Care Nursery admits babies born from 32 weeks gestation as well as any sick/compromised newborns. It can accommodate 12 babies requiring extra specialist care. Approximately 28 per cent of all babies admitted to the hospital's special care nursery in 2016 qualified for PDHM, and Ms Moulton expected the same percentage next year.

"One of the most fragile and compromised group of clients we have at the Wesley are our premature and sick babies," Ms Moulton said.

"Our vision is to be able to offer our Special Care Nursery babies the optimal nutrition and start to life - that of human breastmilk."

Ms Moulton said research showed that there were many benefits to babies receiving PDHM, including less incidence of intolerance, normal brain development, quicker weight gain, and a decreased length of stay compared to formula-fed babies.

"Our vision is to be able to offer our Special Care Nursery babies the optimal nutrition and start to life - that of human breastmilk."

"Pasteurised donor human milk is an amazing resource to use prior to mum being able to express enough milk for her own baby. There are only four registered human donor milk banks in Australia, and to be able to offer Wesley special care babies fitting the criteria the gold standard for nutrition is pretty special."

New mum Tricia Vanzetti's twin boys, Connor and Carter, were the first babies to be given human donor milk at the Wesley.



Tricia Vanzetti with Connor and Carter

With a complicated pregnancy, Ms Vanzetti knew she would give birth prematurely – the boys were born at 33 weeks – and was determined to give them as much breast milk as possible in their early start to life.

"It was such a relief to give them donor milk," Ms Vanzetti said.

"It meant there was less pressure on me to express – without the donor milk I would have been feeding and expressing every couple of hours so they had as much breast milk as possible. I would have pushed my body physically more than I should have. As soon as the donor milk arrived, I could relax. I expressed when I could and let nature take its course."

Maternity Unit Clinical Nurse Manager Nicola McGlynn said the maternity unit nurses and midwives put a lot of hard work into establishing the service, and they were passionate about promoting evidence based practice and best practice procedures and processes.

"I am proud of the maternity staff for researching and putting together a proposal for this service. It is a wonderful service to be able to provide those little babies that meet the criteria with the pasteurised donor milk."

Children find hope at the Wesley

Inspiring children with a rare neurological disease attended The Wesley Hospital to take part in essential research and have consultations with experts.

The National Ataxia Telangiectasia (A-T) Clinic was held at The Wesley Hospital and Wesley Medical Research (WMR) in conjunction with the University of Queensland Centre for Clinical Research (UQCCR) and BrAshA-T, a Brisbane-based organisation which supports families affected by A-T. Eight families from all over Australia attended the clinic.

For Sydney mum Natalie Elkheir, whose eight-year-old daughter Laila has A-T, watching the debilitating illness affect Laila's movement, speech and coordination was heartbreaking.

"There are so many implications with this disease," Mrs Elkheir said. "It's not just Laila's brain that's affected; it's her lungs, her immune system, her coordination. All of these things have an impact on her socialising as well. Ataxia Telangiectasia is all-encompassing, which is why these clinics are so important.

"It's such a relief to know that someone is looking into this disease and someone is invested in finding solutions and answers for us," Mrs Elkheir said.

Wesley Director of Paediatrics and WMR Women's and Children's Health Research Committee Chair Prof David Coman said the aim of the clinic was to enable the children to see experts who have experience dealing with the symptoms and side effects of the disease, as well as gathering essential data and research towards finding a cure.



Ashleigh, Laila and Mia

Laurie's gift warms lives



Clinical Nurse Manager Margot Webster, Cheryl Hannah and Ann Maguire

Patients visiting The Wesley Hospital's dialysis unit will have a warmer experience, thanks to a dedicated Ipswich family.

Cheryl Hannah's family and friends have always enjoyed raising money for a good cause, but this year their cause was personal. Cheryl's beloved husband of seven years, Laurie, passed away at The Wesley Hospital after a battle against an auto-immune disease resulted in acute kidney failure and an infection.

"We just wanted to give something back to the hospital for all the care and support Laurie, myself and my family received during that difficult time."

"The doctors and nurses at the Wesley cared for Laurie so well – he was a complicated patient and they never gave up on him or put him in the too hard basket. That's what we appreciate the most," Cheryl said. "We just wanted to give something back to the hospital for all the care and support Laurie, myself and my family received during that difficult time."

Family and friends rallied together to raise almost \$9,000 through plant sales and a karaoke night, she said. The money went towards a blanket warmer and Doppler machine for the dialysis unit.

The dedication to Laurie on the blanket warmer's plaque says it all; "May the journey of others here be a warmer one because of him."

Choices Breast Friends

A Brisbane-based charity has donated a substantial \$15,000 to The Wesley Hospital Choices Cancer Support Centre.

Former cancer patient Tricia Mahoney and her friends Virginia Irwin, Marilyn Graham, Shelley Somerville, Benita McLeod and Jodeen Brewer, formed a charity – Breast Friends – to raise money for cancer research, support programs and after treatment care. Together, they created a recipe book which included recipes from cancer patients and the friends and family who shared their journey.

Ms Mahoney said the support she received from Choices staff and volunteers during her cancer journey was part of the reason she felt so passionate about fundraising and giving back.

Choices Clinical Nurse Manager Janine Porter-Steele said the \$15,000 would go towards continuing support for cancer patients, such as complementary therapy services, for the next six months. Services such as reiki, head massages, reflexology and the Choices art group would benefit from the donation.

“We are so grateful that Breast Friends has chosen us for this donation. We want to thank all of the women involved with Breast Friends for their support.”



Janine Porter-Steele with Tricia

Cupcakes for cancer support



Choices Peer Support Coordinator Leonie Young, Lauren and mum Vicki O'Dea

West Moreton Anglican College student Lauren O'Dea has raised more than \$300 for The Wesley Hospital Choices Cancer Support Centre by selling cupcakes.

Lauren took part in a leadership program at school that challenged her to turn \$10 into profit, which she did by selling cupcakes to her community.

She was inspired to give to Choices because her family had been touched by breast cancer and she was familiar with the services offered by Choices. With each cupcake sold, Lauren also gave a pamphlet that explained the work of the centre.

This donation to Choices could help cover the costs of items like:

- A wig (*one wig can cost \$300-\$500*)
- Lots of turbans (*especially comfortable in a Queensland summer*)
- Complementary therapies
- A fresh batch of art supplies for the art therapy classes.

 wesleychoices

Students swap uniforms for scrubs



A student experiencing life in theatre

Students from 20 Brisbane high schools visited The Wesley Hospital for an interactive week in the real world of a hospital.

The high school internship aimed to inspire future pathways for the Year 11 students who have been chosen from a field of more than 400 applicants. The students spent the first week of their Christmas holidays learning from medical, nursing and allied health professionals through presentations, tours, simulation labs and practical work placements.

Brigidine College student Rebecca Lawson said the behind-the-scenes experience was a real eye-opener.

“There are so many factors that go into keeping the hospital running, and I didn’t realise the full extent of it. I have learnt so much about hospitals and healthcare in this internship.”

“It definitely does make me want to work in a hospital. All the staff we’ve talked to say it’s so rewarding when the patients get better.”

Program Coordinator Reverend David Nix said the program was the only intensive hospital-based internship program for Queensland high school students.

“The program is the only one of its kind offered in Brisbane and provides the opportunity for students to gain hands-on experience in all aspects of hospital operations.

“In many cases, it has been instrumental in changing or influencing students’ choices for tertiary education and careers,” he said.

Wesley Director of Clinical Education Wendy Zernike said the program aimed to offer students a practical insight into the workings of a busy hospital.

“I think the program is very important as it gives students insight into the healthcare industry and the reality of such an industry.

“There are so many factors that go into keeping the hospital running, and I didn’t realise the full extent of it. I have learnt so much about hospitals and healthcare in this internship.”

“Working in healthcare is rewarding, but is not without challenges. If the program helps students determine if this is the industry for them, then we are able to assist in growing the right workforce to support our health system into the future,” she said.

Ms Zernike said the program benefited not only the students but also the Wesley’s staff and volunteers, who enjoyed engaging with and teaching the students every year.

“Positions in the internship program are highly sought after and participant feedback has always been overwhelmingly positive.

“The students thoroughly enjoy the week at The Wesley Hospital, but the true highlight is the last day, when they have the opportunity to don scrubs and experience the inner workings of the operating theatres.”



Yes, I'd like to help The Wesley Hospital

Please direct my donation to: (please tick)

- Maternity Surgical Services Clinical Services
 Choices Cancer Support Centre Area of greatest need
 Other

Please choose a gift amount:

- \$50 \$150 \$200 \$500

Own choice \$

I would like to make a regular contribution of \$.....per month

Please send me information to leave a bequest

I have already left a bequest in my Will

Cardholder details:

Name:

Address:

Suburb: State: Postcode:

Phone:

Mastercard Visa Expiry date /

Card number

Name on card

Signature

My cheque/money order payable to UnitingCare Health is enclosed

Deposit directly into our bank account using the information below:

BSB: 014-002 **Account:** 8356 72569

Reference: Please use your last name and TWAU

Donations over \$2 are tax deductible and a receipt will be sent to you.

Detach your completed form and send to:

Donor Care Team, UnitingCare Health

GPO Box 2240

Brisbane QLD 4001

Thank You



How you can make a difference

Donate

Your gifts are one of the best ways for The Wesley Hospital to enhance our services, keep up-to-date with technology, expand our clinical capacity and update our facilities. Thanks to the generosity of people like you, we can continue to improve the highest quality of clinical care for our patients.

Donate online at wesley.com.au/donate

Regular giving

You decide the amount and the frequency of your donation which can be altered or paused at any time.

Include us in your Will

The inclusion of The Wesley Hospital in your will is the ultimate gesture of gratitude and perhaps the greatest compliment that you can pay the hospital.

Our mission is to improve the health and wellbeing of individuals and their families. We differentiate ourselves by living out our values to optimise patient care and experience, every day. Donations over \$2 are tax-deductible and a receipt will be sent to you.

For more information on how you can support our life-saving endeavours, please contact our donor care team on 1800 001 953 or by email fundraising@uhealth.com.au

Contact us

To learn more about any hospital project or service, please contact our team on 07 3232 7000 or visit: wesley.com.au

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