

# PROSTATE CANCER PROGRAMS

## Choices Cancer Support Centre



All programs and services offered by Choices are available for anyone affected by cancer regardless of where they have received diagnosis and treatment.

Parking is available in front of Choices Rooms as well as in the multi-storey car-park and is currently free of charge.

The chance to meet others who understand what you are experiencing and to form important friendships and networks are some of the bonuses you will also find.

Date	Time	Program
Thursday - 2 November	6pm to 8pm	<p><b>STRENGTH Program:</b> an introduction to key information for men and their families following a diagnosis of prostate cancer</p> <ul style="list-style-type: none"> <li>◆ Managing the impact of cancer: finding the best support for you and how it can make a difference</li> <li>◆ Physiotherapy Session: Peter Dornan, Physiotherapist specialising in prostate cancer and continence care</li> </ul>
Thursday - 30 November	6pm to 8pm	<b>Choices Prostate Cancer Group</b> - Incorporating guest speakers, information sessions, and social networking

For more information about Choices' programs and to let us know whether you are attending you can phone 3232 7596 or email [leonie.young@uhealth.com.au](mailto:leonie.young@uhealth.com.au).

We appreciate if you can RSVP - thankyou.

*Everyone is welcome*

Free call 1800 227 271  
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[choices@uhealth.com.au](mailto:choices@uhealth.com.au)

Support and information contact details

- Clinical Nurse Manager 07 3232 7064
- Peer Support Coordinator 07 3232 7596
- Fundraising 07 3232 6757